



## **ALEGIS CARE HEALTH ASSESSMENTS PROGRAM**

# Care that goes the extra mile so you don't have to.

The early diagnosis of health issues through screenings and physical exams is important to keep you healthy. In-home exams give us a better view of all the possible concerns that may affect your health. They're a great tool that helps your doctor manage your care. Our experienced and knowledgeable providers know how to make your exam as convenient for you as possible.

(continued)

## FREQUENTLY ASKED QUESTIONS

These are answers to some of the most frequently asked questions about our Health Assessments program.

**If you have additional questions or need to reach one of our doctors after hours, please feel free to contact us at**

**877.663.1333**

or visit us at **AlegisCare.com**

### WHO IS ALEGIS CARE?

- › Since 1995, Alegis Care has worked with health insurance plans to provide in-home care solutions for plan members.
- › These solutions allow members to be cared for by doctors and/or nurse practitioners in the comfort of their home.
- › All of our care is provided by board-certified health care professionals who live in the communities we serve.

### WHAT IS THE HEALTH ASSESSMENTS PROGRAM?

- › The Health Assessments program provides you with specific health screenings and physical exams in your home.
- › Our providers conduct a wide variety of assessments that include:
  - Comprehensive annual check-up (including a review of your health history and vital signs)
  - Screenings for diabetes
  - Screenings for colon cancer
  - Screenings for osteoporosis (weakening of the bones)
  - Postpartum check-up

### WHY SHOULD I GET AN ALEGIS CARE IN-HOME ASSESSMENT?

- › **Preventative care is important.** Knowing your current state of health is the best way to treat and control any problems before they become too difficult to manage.
- › **It's convenient to your lifestyle.** This is particularly true if you have trouble getting to the doctor's office.
- › **Providers live in your community.** They understand issues with the local environment that may affect your health.
- › **There's no cost to you.** In-home assessment services are covered by your health insurance.

### WHAT SHOULD I EXPECT AS A PATIENT?

- › Alegis Care will call you to further explain the in-home assessment program and to schedule your appointment. (Appointments are usually accommodated within two days of your call.)
- › The provider assigned to you will call you the night before your appointment to confirm the time.
- › The visiting provider will complete your assessment and answer any questions.
- › The provider will leave behind a checklist of tests completed during the visit.
- › Your primary care doctor will receive a copy of your assessment, along with test results, if applicable.