

# What to Expect During Your Alegis Care Visit



## Before Your Visit

- We typically call or text 24 hours prior to your scheduled appointment to confirm.
- Alegis Care will come to you—you'll get the care you need in the comfort of your home.

### PLEASE HAVE:

- A list of your medications ready
- Any current medical records available
- Your health plan customer ID card



## During Your Visit

- This is **YOUR** time to have a one-on-one conversation with one of our nurse practitioners (NPs).
- You can ask any health-related questions you may have.
- This is a **whole-person health visit**. We will talk with you about your medications and health history. We may recommend preventive care screenings or other simple tests.



## After Your Visit

- Your primary care doctor will receive your health summary to review.
- Small things can make a big difference to help you take control of your health.
- Annual wellness visits are a great way to stay on top of your health between regular doctor visits.

[alegiscare.com](https://alegiscare.com)

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